



London Borough of Hounslow
Swimming Club

COVID-19 LAND TRAINING RISK ASSESSMENT

APRIL 2021

General Covid-19 Risk Assessment for aquatic clubs

Name of Club:	LBHSC				
Date risk assessment carried out:	14/04/2021	Person:	Lisa Graham	Review date:	14/05/2021

What is the Hazard?	Who might be harmed	Risk rating before controls	Controls considered	Risk rating after controls	Actioned by
Spread of Covid-19 Coronavirus					
Carpark	<ul style="list-style-type: none"> Athletes Parents Guardians Coaches Volunteers 	High	<ul style="list-style-type: none"> Information sent to members on social distancing designated car parking signage and controls at facility. Athletes move to pathway away from moving traffic 	Medium	Club Committee and Facility Operator
Health Screening	<ul style="list-style-type: none"> Athletes Coaches Volunteers Parents 	High	<ul style="list-style-type: none"> Health Check Screening Protocol Confirmed at Registration by each athlete. Social distancing separate led by Coach/Covid Volunteer. Information given to parents/athletes prior to session. 	Medium	Club Committee Covid Liaison/ Coaches
Walking to Designated outdoor space					
Weather & Conditions	<ul style="list-style-type: none"> Athletes Coaches Volunteers 	Medium	<ul style="list-style-type: none"> Coach to assess throughout the day for inclement weather: <ul style="list-style-type: none"> Rain/snow Humidity Sun/heat Assess ground is appropriate/clear from debris/ contaminants 	Low	Coaches

Equipment	<ul style="list-style-type: none"> Athletes Coaches Volunteers 	High		Medium	Lead Covid-19 Officer
Someone becomes unwell during session	<ul style="list-style-type: none"> Athletes Coaches Volunteers 	Low	<ul style="list-style-type: none"> Contact parent guardian or next of kin and isolate individual in first aid room or other appropriate room in leisure centre. Use appropriate PPE supplied by facility. 	Low	Covid-19 Liaison/ Covid Supervisors/ Coaches
Overcrowding	<ul style="list-style-type: none"> Athletes Coaches Volunteers 	High	<ul style="list-style-type: none"> Social distancing protocols to be followed at all times as outlined in Club Protocol/ Swim England Guidance for Land Training 	Medium	Coaches/ Covid Liaison
<p>During Session</p> <p>Dehydration</p> <p>Injury due to inappropriate practices</p> <p>Overcrowding</p>	<ul style="list-style-type: none"> Swimmers 	High	<ul style="list-style-type: none"> Appropriate training to achieve social distancing protocols. Designated drink stops in pool arranged by coaches Coaches appropriately qualified Appropriate Programming Monitor athletes throughout session & progression progress. Athletes supervised at all times to ensure practice is being done safely. Athletes supervised at all times to ensure Covid safety distance measures are maintained at all times. 	Medium	Coaches/ Covid Volunteers

Equipment Clothing Sun Protection	<ul style="list-style-type: none"> • Athletes • Coaches • Volunteers 	High	<ul style="list-style-type: none"> • Covid-19 Rules regarding equipment communicated in advance. Athletes use their equipment. Placed 2m apart Hand Sanitiser provided for use by Club. • Athletes advised to wear appropriate gymwear/trainers for conditions and surface. • Own sunscreen or hat worn in hot/sunny conditions. 	Medium	Coach Covid-19 Officer
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Equipment	<ul style="list-style-type: none"> Swimmers 	High	<ul style="list-style-type: none"> Sharing is prohibited. Athletes use own equipment. Hand sanitiser provided for use during/after session. 	Medium	Club Committee
Exit	<ul style="list-style-type: none"> Athletes Coaches Volunteers Parents 	High	<ul style="list-style-type: none"> Swimmers follow Covid Volunteer/ Coaches to car park pick up point or travel using one-way system to pool entrance for pool training. Athletes keep in their bubble/ group Parents collect their children from pick up point at designated exit 	Medium	Coaches, Covid Volunteers